

The testimony of Scripture is that we don't need to be controlled by fear.



When I am afraid, I put my trust in You. Psalm 56:3

When I am Afraid...

One of my most encouraging Bible verses ironically is Psalm 56:3 which states "When I am afraid I put my trust in You." This verse presupposes that we as Believers will have times of fear. The testimony of Scripture is that we don't need to be overwhelmed by this fear but that at these times we can turn our attention on to God and His promises. At times the fight against fear or other dark emotions can be quite challenging.

Many of the heroes of the Bible had moments of great fear that they had to overcome. One of my favorite stories related to this is in Judges 6 when God appears to Gideon who is hiding from the Midianites and calls him a mighty warrior. Then Gideon asks God a number of questions related to why things

are so bad for the Israelites. God ignores the questions and instead challenges Gideon to deliver Israel with the strength He provides. Gideon asks more questions which God again ignores but closes by telling Gideon that He will be with him. My take away points are that God sees us differently than we see ourselves and often calls us to be the answer to the problems that afflict us. God doesn't mind our questions but frequently doesn't answer them (see God's response to Job's many questions in Job 38-39) but promises us that He will be with us in the midst of the challenges.

So dear saint, are you struggling with fear in this season? I would encourage each of us to bring our fears into a conversation with and questions for YHWH. By expressing our complaints and questions directly to Him, we are exercising trust in Him by coming to Him. Chances are good that in the midst of this interaction with the Creator that He has some questions and challenges for us as well as reassurances that He will be with us in whatever trial we face.